

Gandhi On Personal Leadership By Anand Kumarasamy

The end of Public Speaking as we know it! There are three things that make a great speech: 1) Message 2) Structure and 3) Connection with the audience. This book shows you how to master all three, and dissolve your public speaking anxiety - effortlessly. What's the key measure of success for a business presentation? A Vivid Message.

In *Gandhi and Leadership*, Professor Dhiman explores the moral and spiritual philosophical foundations and context of Gandhi's approach to leadership. The book focuses on seven Gandhian values that are most relevant in the contemporary workplace.

Opening in July 1914, as Mohandas Gandhi leaves South Africa to return to India, *Gandhi: The Years That Changed the World, 1914-1918* traces the Mahatma's life over the three decades preceding his assassination. Drawing on new archival materials, acclaimed historian Ramachandra Guha follows Gandhi's struggle to deliver India from British rule, to forge harmonious relations between India's Hindus and Muslims, to end the pernicious practice of untouchability, and to nurture India's economic and moral self-reliance. He shows how in each of these campaigns, Gandhi adapted methods of nonviolence that successfully challenged British authority and would influence revolutionary movements throughout the world. A revelatory look at the complexity of Gandhi's thinking and motives, the book is a luminous portrait of not only the man himself, but also those closest to him—family, friends, and political and social leaders.

Civilian control over the military is widely hailed as one of the major successes of India's democracy. Because it is so rare, especially among post-colonial states, this control is rightfully celebrated. But has this come at a cost? In *The Absent Dialogue*, Anit Mukherjee argues that the pattern of civil-military relations in India has hampered its military effectiveness. Diving deep into understanding the organization and internal processes within the Indian military, he explains how Indian politicians and bureaucrats have long been content with the formal and ritualistic exercise of civilian control, while the military continues to operate in institutional silos. Yet, there has been little substantive engagement between the two. To support this claim, Mukherjee closely examines the variables most closely associated with military effectiveness—weapons procurement, jointness (the ability of separate military services to operate together), officer education, promotion policies, and defense planning. Further, Mukherjee shows how India's pattern of civil-military relations—best characterized as an absent dialogue—adversely affects each of these processes. While the book focuses on India, it also highlights the importance of civilian expertise and institutional design in enhancing civilian control and military effectiveness in other democracies. Informed by more than a hundred and fifty interviews and recently available archival material, *The Absent Dialogue* sheds new light on India's military and will reshape our understanding of both the

history and contemporary dynamics of civil-military relations and recurring problems therein.

Presents the story of the great leader who succeeded in bringing about social and political change in India through nonviolent means.

The Encyclopedia of Leadership brings together for the first time everything that is known and truly matters about leadership as part of the human experience. Developed by the award-winning editorial team at Berkshire Publishing Group, the Encyclopedia includes hundreds of articles, written by 280 leading scholars and experts from 17 countries, exploring leadership theories and leadership practice. Entries and sidebars show leadership in action - in corporations and state houses, schools, churches, small businesses, and nonprofit organizations.

Here is the first volume of a magisterial biography of Mohandas Gandhi that gives us the most illuminating portrait we have had of the life, the work and the historical context of one of the most abidingly influential—and controversial—men in modern history. Ramachandra Guha—hailed by Time as “Indian democracy’s preeminent chronicler”—takes us from Gandhi’s birth in 1869 through his upbringing in Gujarat, his two years as a student in London and his two decades as a lawyer and community organizer in South Africa. Guha has uncovered myriad previously untapped documents, including private papers of Gandhi’s contemporaries and co-workers; contemporary newspapers and court documents; the writings of Gandhi’s children; and secret files kept by British Empire functionaries. Using this wealth of material in an exuberant, brilliantly nuanced and detailed narrative, Guha describes the social, political and personal worlds inside of which Gandhi began the journey that would earn him the honorific Mahatma: “Great Soul.” And, more clearly than ever before, he elucidates how Gandhi’s work in South Africa—far from being a mere prelude to his accomplishments in India—was profoundly influential in his evolution as a family man, political thinker, social reformer and, ultimately, beloved leader. In 1893, when Gandhi set sail for South Africa, he was a twenty-three-year-old lawyer who had failed to establish himself in India. In this remarkable biography, the author makes clear the fundamental ways in which Gandhi’s ideas were shaped before his return to India in 1915. It was during his years in England and South Africa, Guha shows us, that Gandhi came to understand the nature of imperialism and racism; and in South Africa that he forged the philosophy and techniques that would undermine and eventually overthrow the British Raj. Gandhi Before India gives us equally vivid portraits of the man and the world he lived in: a world of sharp contrasts among the coastal culture of his birthplace, High Victorian London, and colonial South Africa. It explores in abundant detail Gandhi’s experiments with dissident cults such as the Tolstoyans; his friendships with radical Jews, heterodox Christians and devout Muslims; his enmities and rivalries; and his often overlooked failures as a husband and father. It tells the dramatic, profoundly moving story of how Gandhi inspired the devotion of thousands of followers in South Africa as he mobilized a cross-class and inter-religious

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coalition, pledged to non-violence in their battle against a brutally racist regime. Researched with unequaled depth and breadth, and written with extraordinary grace and clarity, *Gandhi Before India* is, on every level, fully commensurate with its subject. It will radically alter our understanding and appreciation of twentieth-century India's greatest man.

How to realize your own leadership potential Based on the bestselling book, *Deep Change*, *The Deep Change Field Guide* takes readers through the introspective journey of personal transformation. The field guide streamlines, updates, and augments the content of the original book into an interactive self-teaching course that helps readers learn how to become powerful agents of change. Learning tools include reflection questions, film assignments, and action plans that help readers think about the concepts in terms of their own situations, and identify actions to embody the concepts in their lives. The field guide has been carefully designed so that individual learners can gain the same benefits that students have long enjoyed in the author's courses, and the learning tools also lend themselves to both the academic and professional classroom. Complements to Robert Quinn's bestselling book *Deep Change* Includes exercise, reflective questions, and worksheets throughout Provides reader with a "self-help" guide to overcoming the personal and professional obstacles that prevent transformational leadership For anyone who yearns to be an internally driven leader, to motivate the people around them, and develop a satisfying work life, *The Deep Change Field Guide* holds the key. *Pragmatic Leadership* deals with a systematic approach to mastering leadership qualities beginning with personal leadership, then moving on to team leadership and finally, to organisational leadership. In each section, author has dealt with those leadership qualities that are important and discusses how to cultivate them as habits and values. This book includes the key characteristics of leadership—attitudes, values and manifestations of behaviour—which encourage others to follow. They are presented as concepts or easy to practice tips which over a period of time will enhance the stature of the person and thereby, his or her personal equity. To make the reading more interesting, this book is written in a story format with many anecdotes and case study expositions. Each chapter in the book brings with it a certain message that will help readers assemble their thoughts and draw an action plan for themselves to bring out the best in themselves.

The New York Times bestseller “A glistening psychological history, faceted largely by the biographies of eight famous leaders . . .” —The Boston Globe “A provocative thesis . . . Ghaemi’s book deserves high marks for original thinking.” —The Washington Post “Provocative, fascinating.” —Salon.com Historians have long puzzled over the apparent mental instability of great and terrible leaders alike: Napoleon, Lincoln, Churchill, Hitler, and others. In *A First-Rate Madness*, Nassir Ghaemi, director of the Mood Disorders Program at Tufts Medical Center, offers a myth-shattering exploration of the powerful connections between mental illness and leadership and sets forth a controversial, compelling thesis: The very qualities that mark those with mood disorders also make for the best leaders in times of crisis. From the importance of Lincoln's "depressive realism" to the lackluster leadership of exceedingly sane men as Neville Chamberlain, *A First-Rate Madness* overturns many of our most cherished perceptions about

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greatness and the mind.

The process of personal growth and transformation seldom happens “by accident”; it is the product of our conscious choices. This book contains 39 powerful lessons of personal change, gleaned from Gandhi’s life. It offers us invaluable advice on creating and leading an enlightened life — a more meaningful, purpose-driven, self-aware and socially responsible life. Drawing from a diverse range of fields such as psychology, management, leadership, philosophy and spirituality, Anand Kumarasamy explains and illustrates each of these lessons in language that is simple, vivid and highly interesting. These lessons are based on timeless principles which, if deeply reflected upon and integrated into our daily lives, can powerfully transform us while positively impacting the world around us.

Explores the meaning and nature of nonviolent political resistance through the lives of two of its greatest philosopher practitioners, Mohandis Karamchand Gandhi and Martin Luther King Jr.

DIV In his Autobiography, Gandhi wrote, “What I want to achieve—what I have been striving and pining to achieve these thirty years—is self-realization, to see God face to face. . . . All that I do by way of speaking and writing, and all my ventures in the political field, are directed to this same end.” While hundreds of biographies and histories have been written about Gandhi (1869–1948), nearly all of them have focused on the political, social, or familial dimensions of his life. Very few, in recounting how Gandhi led his country to political freedom, have viewed his struggle primarily as a search for spiritual liberation. Shifting the focus to the understudied subject of Gandhi’s spiritual life, Arvind Sharma retells the story of Gandhi’s life through this lens. Illuminating unsuspected dimensions of Gandhi’s inner world and uncovering their surprising connections with his outward actions, Sharma explores the eclectic religious atmosphere in which Gandhi was raised, his belief in reincarnation, his conviction that morality and religion are synonymous, his attitudes toward tyranny and freedom, and, perhaps most important, the mysterious source of his power to establish new norms of human conduct. This book enlarges our understanding of one of history’s most profoundly influential figures, a man whose trust in the power of the soul helped liberate millions. /div

An important reference work on a practice that is needed more than ever in a VUCA world, this book helps readers understand the importance of responsible and constructive practices and behavior in leadership. The broad approach to inclusive leadership presented in this volume highlights correlations between inclusive leadership and myriad issues, qualities, and circumstances that serve as foundations or impact factors on it. Some contributors review contemporary concepts and challenges such as change, innovation, the bottom line, sustainability, and performance excellence against inclusive leadership. Other contributors reflect on critical practices and qualities, such as trust, passion, ethics, spirituality, and empathy, and their relationships with inclusive leadership. A range of religious and spiritual influences are also evaluated in the context of inclusive leadership, such as (but not limited to) Buddhism, Taoism, Hinduism, Jainism, and Christianity. Postgraduate students, instructors, and coaches will appreciate this comprehensive look at inclusive leadership, which has become an urgent concept to be internalized and practiced by all, regardless of positions, possessions, locations, or generations.

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In intellectual and academic circles, Ernest van den Haag was respected for his brilliant mind, his outspoken and often highly controversial assertions, and a very unacademic, sharp, biting style.

Through examples of Mahatma Gandhi's life and writing, the author relates Gandhi's work, decision-making and goals.

Gandhi, a CEO? Absolutely—and an incomparable example for our uncertain times, when we need leaders we can trust and admire. Not only was he a moral and intensely spiritual man, but also a supremely practical manager and a powerful agent for change, able to nurture the rebirth of an entire nation. Alan Axelrod looks at this much-studied figure in a way nobody has before, employing his fluid, engaging, and conversational style to bring each lesson to life through quotes and vivid examples from Gandhi's life. New in paperback.

Discover ten vital and extraordinary life lessons from one of the most important and influential philosophers and peace activists of the twentieth century—Mahatma Gandhi—in this poignant and timely exploration of the true path from anger to peace, as recounted by Gandhi's grandson, Arun Gandhi. In the current troubled climate, in our country and in the world, these lessons are needed more than ever before. “We should not be ashamed of anger. It's a very good and a very powerful thing that motivates us. But what we need to be ashamed of is the way we abuse it.” —Mahatma Gandhi Arun Gandhi was just twelve years old when his parents dropped him off at Sevagram, his grandfather's famous ashram. To Arun, the man who fought for India's independence and was the country's beloved preeminent philosopher and leader was simply a family member. He lived there for two years under his grandfather's wing until Gandhi's assassination. While each chapter contains a singular, timeless lesson, *The Gift of Anger* also takes you along with Arun on a moving journey of self-discovery as he learns to overcome his own struggle to express his emotions and harness the power of anger to bring about good. He learns to see the world through new eyes under the tutelage of his beloved grandfather and provides a rare, three-dimensional portrait of this icon for the ages. The ten vital life lessons strike a universal chord about self-discovery, identity, dealing with anger, depression, loneliness, friendship, and family—perfect for anyone searching for a way to effecting healing change in a fractured world.

Mohandas Karamchand Gandhi lived during a time of intense struggle, but he envisioned a world where people could live in harmony. Madan Mohan Verma explores how he appealed to such a diverse population in the second edition of his landmark book exploring Gandhis techniques. Learn how Gandhi: cultivated the loyalty of the Indian masses; trusted his instincts in determining how the masses felt; combined the best values of Indian culture; reconciled the conflicting interests of the haves and have-nots. While some have attributed a sort of mysticism to Gandhis leadership, its dangerous to assign him supernatural powers. His methods were commonly used by leaders in the Western worldbut few could duplicate his skill in applying them. Gandhi used to say, My life is my message. Therefore, when researching his

techniques, its critical to turn to his life to understand the ideals he stood for and how he worked toward and promoted a richer concept of democracy. Explore how the greatest leader of modern times launched a revolution and gained influence over the masses with this in-depth account highlighting Gandhis Technique of Mass Mobilization. This book seeks to promote a new spiritual approach to organizational leadership that goes beyond visionary management to a new focus on the spiritual for both leader and led. Reflecting on the current crisis of meaning in America, this book takes up the search for significance in peoples' worklives--in the products they produce and in the services they offer. Recognizing that the new corporation has become the dominant community for many-- commanding most of our waking hours by providing a focus for life, a measure of personal success, and a network of personal relationships--Fairholm calls on business leaders to focus their attention on the processes of community among their stakeholders: wholeness, integrity, stewardship, and morality. Spiritual leadership is seen here as a dynamic, interactive process. Successful leadership in the new American workplace, therefore, is dependent on a recognition that leadership is a relationship, not a skill or a personal attribute. Leaders are leaders only as far as they develop relationships with their followers, relationships that help all concerned to achieve their spiritual, as well as economic and social, fulfillment. Indira Gandhi, Golda Meir, and Margaret Thatcher were all described at various times as the "only man" in their respective cabinets - a reference to their tough, controlling behaviour. What explains this type of leadership style? In *Women in Power*, Blema Steinberg describes the role that personality traits played in shaping the ways in which these three women governed. For each of her subjects, Steinberg provides a personality profile based on biographical information, an analysis of the patterns that comprise the personality profile using psychodynamic insights, and an examination of the relationship between personality and leadership style through an exploration of various aspects of political life - motivation, relations with the cabinet, the caucus, the opposition, the media, and the public. By bringing together some of the best work in psychological leadership studies and conventional personality assessments, *Women in Power* makes a significant contribution to the study of political leadership and the advancement of personality-in-leadership modelling.

An analysis of Gandhi's accomplishments as a politician and civil rights advocate reveals his conflicted ideologies and feelings about his place in history, offering insight into his philosophies, social campaigns, and private disappointments. This book contains Mahatma Gandhi's 1943 work, "Conquest Of Self". This inspiring text would make for a worthy addition to any personal library, and will be of special interest to fans and collectors of Mahatma Gandhi's seminal work. Mohandas Karamchand Gandhi (1869 - 1948) was the most significant leader in the Indian independence movement in British-ruled India. He championed non-violent civil disobedience, civil rights, and personal freedom for all people. Many

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vintage texts such as this are increasingly scarce and expensive, and it is with this in mind that we are republishing this volume now, in an affordable, high-quality, modern edition. It comes complete with a specially commissioned biography of the author.

More than half a century after his death, Mahatma Gandhi continues to inspire millions throughout the world. Yet modern India, most strikingly in its decision to join the nuclear arms race, seems to have abandoned much of his nonviolent vision. Inspired by recent events in India, Stanley Wolpert offers this subtle and profound biography of India's "Great Soul." Wolpert compellingly chronicles the life of Mahatma Gandhi from his early days as a child of privilege to his humble rise to power and his assassination at the hands of a man of his own faith. This trajectory, like that of Christ, was the result of Gandhi's passion: his conscious courting of suffering as the means to reach divine truth. From his early campaigns to stop discrimination in South Africa to his leadership of a people's revolution to end the British imperial domination of India, Gandhi emerges as a man of inner conflicts obscured by his political genius and moral vision. Influenced early on by nonviolent teachings in Hinduism, Jainism, Christianity, and Buddhism, he came to insist on the primacy of love for one's adversary in any conflict as the invincible power for change. His unyielding opposition to intolerance and oppression would inspire India like no leader since the Buddha--creating a legacy that would encourage Martin Luther King, Jr., Nelson Mandela, and other global leaders to demand a better world through peaceful civil disobedience. By boldly considering Gandhi the man, rather than the living god depicted by his disciples, Wolpert provides an unprecedented representation of Gandhi's personality and the profound complexities that compelled his actions and brought freedom to India.

Mahatma Gandhi Gandhi. The name conjures the image of a man, unimpressive in appearance, simple in his lifestyle, who spent his life pursuing independence for India. Months after the country achieved that independence from Great Britain, Gandhi's life ended when an assassin killed him. But Gandhi's legacy lives on. Gandhi's rise to political and spiritual leadership is the incredible saga of a man who, in his youth, showed no signs of greatness but who became one of the most influential men of all time. The civil rights movement that was led by Martin Luther King, Jr. owes its inspiration to Gandhi; the patient suffering of Nelson Mandela in his fight against apartheid grew out of the civil disobedience of Gandhi. Inside you will read about... - Growing up in India - Studying Law in London - Political Activism in South Africa - Becoming the Mahatma - The Battle for Independence in India - The Martyr of India And much more! The twentieth century saw the rise of despots and dictators, charlatans and cowards; it witnessed the evolution of weapons so deadly that whole countries could be destroyed; it incubated the rise of political philosophies and religious extremism that sought to eradicate democracy and mock compassion. But amidst all of the violence and hatred, Gandhi remained steadfast to his beliefs, and his beliefs have changed the world.

Self-Action Leadership: The Key to Personal & Professional Freedom is a groundbreaking personal leadership manual that

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introduces a metaphysical (or self-help) Theory of Everything. In the book, Dr. Jensen interweaves nearly three decades of personal experiences, literature reviews, and action research into an original Theory and Model of personal leadership called Self-Action Leadership. In the narrative sections of his book, Dr. Jensen describes the life and career challenges he has faced and overcame while struggling to manage obsessive-compulsive disorder (OCD) and depression. Self-Action Leadership is the most comprehensive personal leadership handbook to hit the market since Dr. Stephen R. Covey's 7 Habits of Highly Effective People. Maximizing the Triple Bottom Line through Spiritual Leadership draws on the emerging fields of workplace spirituality and spiritual leadership to teach leaders and their constituencies how to develop business models that address issues of ethical leadership, employee well-being, sustainability, and social responsibility without sacrificing profitability, growth, and other metrics of performance excellence. While this text identifies and discusses the characteristics necessary to be a leader, its major focus is on leadership—engaging stakeholders and enabling groups of people to work together in the most meaningful ways. The authors offer real-world examples of for-profit and non-profit organizations that have spiritual leaders and which have implemented organizational spiritual leadership. These cases are based on over ten years of research, supported by the International Institute of Spiritual Leadership, that demonstrates the value of the Spiritual Leadership Balanced Scorecard Business Model presented in the book. "Pracademic" in its orientation, the book presents a general process and tools for implementing the model.

This book is a call to adventure, an opportunity to live life to the fullest and a guide to discovering your own path towards transformational leadership. When Mahatma Gandhi was asked by a reporter to sum up his life's work, he responded simply, 'My life is my message'. This book invites you on a journey to illuminate your life's message to empower and align it with the legacy you want to leave behind. This journey will mentor you through the experiences of the CEOs of Starbucks and Southwest Airlines who developed their leadership messages early in life, and community catalysts in Kenya and India whose sense of purpose propelled them to enhance the lives of those in poverty. Based on over 100 interviews with leaders from around the world who found their way to mission-driven lives, you are led on a path to determine your life's meaning along with the influence you hope to achieve. Beyond insights from the inspirational figures, this book provides a model and practical tools to prompt introspection and greater clarity about your desired life trajectory. While intended for emerging and accomplished leaders of businesses, organizations and communities, it rings true for anyone who is interested in finding the authentic and impactful leader within. Enter with curiosity and be inspired by the extraordinary stories of others. It's a journey not to be taken lightly, but rather one that demands your full attention. You, and those you seek to influence, deserve no less.

Even today, six decades after his assassination in January 1948, Mahatma Gandhi is still revered as the father of the Indian nation. His intellectual and moral legacy, and the example of his life and politics, serve as an inspiration to human rights and peace movements, political activists and students. This book, comprised of essays by renowned experts in the fields of Indian history and philosophy, traces Gandhi's extraordinary story. The first part of the book explores his transformation from a small-town lawyer during his early life in South Africa into a skilled political activist and leader of civil resistance in India. The second part is devoted

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to Gandhi's key writings and his thinking on a broad range of topics, including religion, conflict, politics and social relations. The final part reflects on Gandhi's image and on his legacy in India, the West, and beyond.

Describes the life and accomplishments of the influential woman who sacrificed her personal life to become India's first female prime minister.

This book shows how the Bhagavad Gītā (part of the great Indian epic — the Mahābhārata) can be approached as a powerful tool for change management and as a catalyst for organizational transformation. It presents time-tested leadership strategies drawn from the Bhagavad Gītā that are relevant for today's leaders. This book focuses on how to harmonize the needs of the individual with the needs of society, and by extension, how to harmonize the needs of employees and the organization. It employs an inside-out leadership development approach based on Self-knowledge and Self-mastery, the two highly important areas for practicing effective Self-leadership. The Gītā is a non-sectarian spiritual text with a universal message for living a life of meaning, purpose, and contribution and for leading from our authentic self. It shows how to manage oneself, as a necessary prelude to leading others. Students and organizational leaders will learn to integrate leadership function more effectively into all aspects at the individual, team, and institutional level.

Dr Brown presents a political study of the first clearly defined period in Mahatma Gandhi's Indian career, from 1915 to 1922. The period began with Gandhi's return from South Africa as a stranger to Indian politics, witnessed his dramatic assertion of leadership in the Indian National Congress of 1920 and ended with his imprisonment by the British after the collapse of his all-India civil disobedience movement against the raj. Focusing on Gandhi, this book nevertheless investigates the changing nature of Indian politics. It aims to study precisely what Gandhi did, on whom he relied for support, how he interacted with other nationalist leaders and how he saw his own role in Indian public life. Unlike the usual interpretation of Gandhi's rise to power as based on a charismatic appeal to the Indian masses, this study argues that his influence depended on a capacity to generate a network of lesser leaders, or subcontractors, who would organise their constituencies for him, whether these were caste, communal or economic groups or whole areas.

This project analyzes how political women rhetorically perform—discursively, visually, and physically—their positions of power and how these performances are read, time again, against and with other women who have held similar positions in different geopolitical locations.

The modern history of South Asia is shaped by the personalities of its two most prominent politicians and ideologues ? Mohammad Ali Jinnah and Mahatma Gandhi. Jinnah shaped the final settlement by consistently demanding Pakistan, and Gandhi defined the largely non-violent nature of the campaign. Each made their contribution by taking over and refashioning a national political party, which they came to personify. Theirs would seem, therefore, to be a story of success, yet for each of them, the story ended in a kind of failure. How did two educated barristers who saw themselves as heralds of a newly independent country come to find themselves on opposite ends of the political spectrum? How did Jinnah, who started out a secular liberal, end up a Muslim

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nationalist? How did a God-fearing moralist and social reformer like Gandhi become a national political leader? And how did their fundamental divergences lead to the birth of two new countries that have shaped the political history of the subcontinent? This book skilfully chronicles the incredible similarities and ultimate differences between the two leaders, as their admirers and detractors would have it and as they actually were.

History's great leaders have much to teach us, and no one outshines Alan Axelrod in extracting those lessons and applying them to today's business world. His *Elizabeth I, CEO* and *Patton on Leadership* both became *BusinessWeek* bestsellers--and now, to follow his recent *Winston Churchill, CEO*, Axelrod has found a new and perhaps surprising subject for his popular format: Gandhi. Gandhi, a CEO? Absolutely--and an incomparable example for our uncertain times, when we need leaders we can trust and admire. Not only was he a moral and intensely spiritual man, but also a supremely practical manager and a powerful agent for change, able to nurture the rebirth of an entire nation. To achieve this goal, he mastered the elements of personal leadership and institutional management. Axelrod looks at this much-studied figure in a way nobody has before, employing his fluid, engaging, and conversational style to bring each lesson to life through quotes and vivid examples from Gandhi's life.

A definitive, incisive and no-holds-barred account of the life and times of one of India's most charismatic and prominent leaders who has left a distinctive stamp on history. For almost two decades, Indira Gandhi stood out the world's most powerful woman. In India, there is hardly a neutral opinion about her. She is either adored or abused. Inder Malhotra's biography explores objectively this highly complex and very private person – right from her childhood to her last days – who lived under constant public gaze and learnt to adjust her demanour to the occasion, rigorously concealing her true self and real feelings. This comprehensive work recounts her unusual and unhappy 'love marriage' to Feroze Gandhi and examines the ambivalent influence of her father, Jawaharlal Nehru, on her career. It also focuses on her relationship with her sons: Sanjay, her chosen heir, and his elder brother Rajiv, who, ironically, succeeded her as the prime minister of India. The author traces Indira Gandhi's own evolution from a 'dumb doll' to the 'empress of India' and her downfall, the seeds of which were sown when she imposed the Emergency on 25 June 1975. This phase marked a dark period in the post-independence era. Her party (the Congress) lost the March 1997 general election and she was out of power for nearly three years. The author also describes the later revival in her fortunes, when she returned as prime minister in January 1980. During her second term, she had to order the Indian Army to enter the Golden Temple in Amritsar (the holiest shrine of the Sikhs) to flush out the militants hiding there. This move led to her being assassinated by her own Sikh bodyguards on 31 October 1984. In the revised and updated edition, Inder Malhotra throws light on the impact that Indira Gandhi had (and continues to have) on Indian politics after her death when her mantle fell on members of her family, including Rajiv Gandhi first and Sonia Gandhi later. This is not only a compulsive and gripping narrative about a remarkable personality but also a fascinating study of India after independence.E41

In volume 1 of *Gandhi and the Psychology of Nonviolence* the authors advanced a scientific psychology of nonviolence, derived from principles enunciated by Gandhi and supported by current state-of-the-art research in psychology. In this second volume the

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authors demonstrate its potential contribution across a wide range of applied psychology fields. As we enter the era of the Anthropocene, they argue, it is imperative to make use of Gandhi's legacy through our evolving noospheric consciousness to address the urgent problems of the 21st century. The authors examine Gandhi's contributions in the context of both established areas such as the psychology of religion, educational, community and organizational psychology and newer fields including environmental psychology and the psychology of technology. They provide a nuanced analysis which engages with both the latest research and the practical implications for initiatives like the Intergovernmental Panel on Climate Change and the UN's Sustainable Development Goals. The book concludes with an overview of Gandhi's contribution to modern psychology, which encompasses the history, development, and current impetus behind emerging work in the field as a whole. It marks an exciting contribution to studies of both Gandhi and psychology that will also provide unique insights for scholars of applied psychology, education, environmental and development studies. V. K. Kool is Emeritus Professor of Psychology, SUNY Polytechnic Institute, USA. Author of seven books, including *The Psychology of Nonviolence and Aggression* (2008) and recipient of three Fulbright awards, Kool was member of the Editorial Board of APA's Peace Division journal, *Peace and Conflict*, for seven years. Rita Agrawal is Director and Professor at the Faculty of Management and Technology, Harish Chandra Post Graduate College, India. She is the author of five books, including *Stress in Life and at Work* (2001), and *Psychology of Technology* (2016 with Kool), and has been the recipient of both national and international awards. .

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